

MEMBERSHIP INFORMATION PACK 2025/2026

WELCOME to Aberdeen Diving Club (ADC). The Club was constituted in 2014 following the construction and opening of the Aquatics Centre, which has given divers the opportunity to develop, train and compete. The Club has grown over the past ten years, and we are excited your diver has chosen to become a member.

Information about the club can be found on the website www.aberdeendivingclub.org.uk. Here you will find out more about the club, the squads and the pathways for progression, upcoming competitions and past results, news updates from the club, and further resources (where you will find the club policies and procedures).

Membership

Divers who wish to compete in competitions at any level must become a member of the Club and also a member of the Scottish Amateur Swimming Association (SASA). The Diving Club membership fee is calculated to include a payment towards club costs and SASA North District Registration; both payments are paid to ADC and renewed in March of each year. For more information on memberships with Scottish Swimming visit www.scottishswimming.com/membership.

ADC membership: £15 per annum (paid every March)

SASA Diver membership: £55

SASA Non-Diver membership: £13 (parents, coaches and volunteers who wish to help/get involved with the club)

If you have previously competed for any other diving, synchronised swimming, water polo or swimming clubs during the past 12 months, please contact the Membership Secretary, and a 'second club' form will be issued to you.

Policies and Procedures / Codes of Conduct

Prior to joining the club, divers and their guardians must familiarise themselves with the Club policies and procedures. Please go over these with your diver as it is important that you all understand what you are agreeing to. Agreement with the Club's Codes of Conduct is assumed upon membership. Club policies can be found on the Resources section of the ADC website www.aberdeendivingclub.org.uk/adc-policies. Please ensure you read the following as a minimum:

- Athlete Code of Conduct
- Parent and Spectator Code of Conduct
- Officials and Volunteer Code of Conduct
- Safe and Effective Training Sessions Statement
- Child Protection Policy Statement
- Allergy & Nut Policy Statement

Please complete the following **Aberdeen Diving Club Membership Registration & Acknowledgement Form 2025/2026** online form <https://forms.gle/xvruo2hb2vz7Nqod8>.

Good luck with the year ahead!

NOTES FROM THE CLUB PRESIDENT

Club Constitution

The Constitution can be obtained from the club website (www.aberdeendingclub.org.uk) or from the club secretary on request.

Committee

Committee members are happy to answer any queries. If you have an interest in becoming a Committee Member please let us know.

Club Kit

Branded items of club kit are available for all members to purchase at various times throughout the year and Lyndsey is currently holding a small amount of kit in stock. Look out for email / Facebook notifications when this is available. Please email Lyndsey Martin at lyndseymartin82@hotmail.com for any kit queries/requests.

Competitions

The Lead Coach for each squad will notify you and your child with regards to entering competitions and the levels / dives they will compete in. For all competitions and medal presentations club kit should be worn.

Team Managers

Team managers are adult volunteers who look after club members at home and away competitions and at training camps. Due to strict guidelines, team managers must undertake specific training for this role. If you would like to find out more information, please contact us.

Fundraising

The club welcomes any and all ideas for fundraising activities to help subsidise travel costs to competitions. If you are interested in or have any fundraising ideas, please let us know.

Help at Competitions

Parents / Guardians are encouraged to come and help at competitions. Training / guidance will be provided where necessary. (Please note that parents must be registered as Club Volunteers with SASA).

Communicating with Coaches

In order to promote an effective club environment, divers should be clear about what their coaches expect from them, and in turn, we hope that divers will feel free to discuss their concerns and aspirations with their coaches. Coaches can be contacted via the email address provided on the contact sheet. Where necessary a meeting will be arranged. Please do not interrupt coaches while they are teaching a class or taking registers.

Any Club questions?

Please contact Steven Riddoch (Club President), Clare Bostock (Membership Secretary) or Stephanie Miller/ Sarah Elliot (Wellbeing and Protection Officers) who will do their best to answer any queries.

Please do not hesitate to speak to the coach or any of the committee members should you or your child require any further information.

Yours sincerely

Steven Riddoch
Club President

CLUB CONTACTS

Club President	Steven Riddoch	admin@aberdeendingclub.org.uk
Vice President	Russel Gibb	admin@aberdeendingclub.org.uk
Child Protection Officer	Stephanie Miller / Sarah Elliot	cwps@aberdeendingclub.org.uk
Membership Secretary	Clare Bostock	memberships@aberdeendingclub.org.uk
Head Coach	Kim Young	kim@aberdeensportsvillage.com
Treasurer	Ross Martin	admin@aberdeendingclub.org.uk
Club Secretary	Kim Penman	admin@aberdeendingclub.org.uk
Competition Organisers	Tricia Murray (Novice) Joanne Adams (Age Group)	admin@aberdeendingclub.org.uk
Social and Fundraising	Lyndsey Martin	admin@aberdeendingclub.org.uk
Corporate Sponsorship	Olga Yudina	admin@aberdeendingclub.org.uk
Communications Officer	Kim Young	kim@aberdeensportsvillage.com
ADC Coaches		diving@aberdeensportsvillage.com

Other Useful Contacts

Aberdeen Sports Village	info@aberdeensportsvillage.com	01224 438900
Regional Development Manager, Scottish Swimming Jordan Young	j.young@scottishswimminh.com	07548759957